

# Stained-Glass Window Hearts

*With tissue paper, cardstock (or other heavy paper), wax paper, and glue, you can make a colorful heart to hang in your windows as a reminder to look at the world with the eyes of your heart.*

1. Start by ripping up a bunch of tissue paper into 2-3 inch pieces. *They don't need to be perfect.*

2. Choose some heavy paper (construction paper, card stock or scrapbook paper are all great) and cut out 2 identical hearts for each Stained-Glass Heart. *It's easy if you layer your paper before you cut.*

3. Once you have your heart shape, cut out a smaller heart shape from your larger heart shape so that you have a heart-shaped frame. (See photo)



4. Open one of your heart frames and lay a piece of wax paper ON TOP of the frame. *You're just using the frame as an outline to see where you need to stick the tissue paper.*

5. Make your own "Mod Podge" mixture with equal parts white glue to water – for instance 2 tablespoons of each, and mix them together.



6. Use a foam sponge or paint brush to wet the wax paper with your water and glue mixture. Add 2 or 3 layers of tissue paper. *The more tissue paper, the sturdier your heart will be. Make sure you completely cover your heart frame, and that all the tissue paper is very wet from the mod podge.*

7. Remove the heart frame from underneath the wax paper and let the tissue paper dry overnight.

8. Once everything is dry, line up the heart frame on the tissue paper and cut the wax paper along the outside of the heart frame.



9. Carefully and slowly peel the wax paper from the tissue paper. *This part can be tricky, but it is completely doable if you are careful and slow. This step is best done by an adult. You can definitely leave the wax paper on, but then it mutes the tissue paper colors on that side. If your tissue paper rips, just dab it with a little more white glue.*



10. Glue the tissue paper heart inside the two identical heart frames.

11. Place your Stained-Glass Heart under a heavy book for a few hours. Glue some fishing line to the heart or punch a hole in the heart and place some ribbon or string through it. Hang it near a window to let the sun shine through. Or, you can skip the fishing line altogether and tape your heart onto a window.

12. Take a photo and post it on the church's facebook page.

